

SPRING TERM OFFER 2025

| SERVICE (ALL SERVICES ARE FREE OF CHARGE) | WHAT'S AVAILABLE? | HOW TO BOOK/ENQUIRIES |
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| BRAVE Individual and small group work support for vulnerable children aged 8 – 13 (Y4 – Y8). | Face to face support in schools is ongoing this term. We work with children to build resilience, emotional literacy and explore feelings, underpinned by a Protective Behaviours approach. We run a waiting list and places are allocated on a first come first serve basis so please send us your referrals. | E-mail: safetynet@impact-initiatives.org.uk Click here for online referral form |
| Playground Buddies Children's Mental Health week workshop Tuesday 28th January 10am – 12pm The YPC, Ship St, Brighton | Choose up to 5 of your playground buddies; meet fellow buddies and consult on our upcoming resource pack. A brilliant opportunity for Buddies to make an impact on their wider community. | E-mail: ruth.davey@impact-initiatives.org.uk |
| Whole class workshops Online safety (Y4 & Y5) Delivered in the second half of the term | Through consultation with children, looking at current trends and the latest information from official outlets, our online safety workshop helps equip children to make informed decisions around using the internet. | E-mail: ruth.davey@impact-initiatives.org.uk |
| Whole class workshops Preparing for secondary workshops (Y6): These are for schools who have had the first workshop in the series in Term 1. Term 2: Taking Control | The second workshop in the series of three looks at our personal strengths and how we can manage worries, how to feel in control by what we do (even when its difficult), and strategies and coping techniques for worries or situations we might experience to do with secondary school – putting into practice what we have been talking about | No need to do anything: Participating schools will be contacted by Ellie Cobb to arrange a suitable date for the second workshop in the series |
| Children's Mental Health Week Resource Pack For primary school aged children (Adaptable for many year groups). | Activities centred around this year's Place2Be's CMHW message; 'Know yourself, Grow yourself' To use on Interactive whiteboards or print out as workbooks/sheets. Perfect for homework tasks or creation of displays. | No need to do anything: The resource pack will be emailed to all B&H schools by 3rd February |